



ALL SAINTS
ST LEONARDS & ST IVES



RINGWOOD
BENEFICE

GoodNews 50p

January 2021



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Ann Lomax	01425 470317	
2nd Sunday		
Pat Woodcock	01425 480921	
3rd Sunday		
Barry Wallen	01425 474207	
4th Sunday		
Susan Woolward	01202 829434	
5th Sunday		
Barbara Davies	01425 475700	

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Diary Dates - January

In Person Services at All Saints:
(Subject to current Covid-19 rules and guidance)

Each Thursday

10am - Holy Communion

Sun & Thurs 10am - Private Prayer in church

Sundays 10am - all being well, return to Sunday morning services in church.

with Holy Communion at 11am and King's Kids at 10.30am)
Also online (Zoom) Prayer meetings are also being held - see inside back cover.

All the 'in person' services will be subject to government advice and rules and as such there may be some last minute changes. We will try to notify of any changes and apologise in advance if we cannot achieve this for everyone.

Other Dates:

For details of services across the Benefice, please refer to 'Events' on the Benefice website:

www.ringwoodbenefice.org.uk

At the time of writing, we are in Tier 2 and this will remain the case until at least Mid-December - after this issue will have been published. The arrangements for services has to remain fluid. However, the streaming (on Facebook) of a Sunday Morning service will continue at 9.30am,



Our Vision & Beliefs

To be an inclusive church that welcomes all.

A church that is transformed by the love of God and to share that love with each other and all whom we meet.

A people committed to growing together in love and faith and to growing into the likeness of Christ.



Mission Statement

We strive to be a community of people that:

- *tells others about God
- *grows in the likeness of God
- *works towards a just and compassionate society
- *is fully resourced for the task

We hope you enjoy browsing our website and hope to see you soon. Visitors are always welcome.

Besides catering for the spiritual needs of the parish, All Saints hosts a choir, music group, a flower guild, Sunday school, Mother & Toddler Group, and Handicrafts Group. The Church Centre is a venue for a variety of educational and recreational interests in an active and well-integrated community.

Canon Paul Hardingham finds the wise men's gifts to be of help to us now.

Epiphany for today

This month we celebrate Epiphany, when we remember the Magi from the East who followed a star to find the baby Jesus: 'Where is the one who has been born king of the Jews?' (Matthew 2:1).

At the start of a New Year, amid the uncertainty of the pandemic, are we asking the same question? The gifts they offered show us how we can find Him in the uncertainty of the coming year: 'they bowed down and worshipped Him...and presented Him with gifts of gold, frankincense and myrrh.' (2:11).

The gift of gold reflects that the Magi saw in the baby a king, destined to rule over us all. In this coming year we need to remember that Jesus is on the throne, the seat of power and authority in the whole universe. Will we crown Him king of our lives and dedicate all that we are and do to Him?

The gift of frankincense reflects that the visitors saw not just an earthly king, but God in human flesh. Incense symbolises the prayers of God's people and so this gift reminds us that God is worthy of our worship and prayer. Will we offer our praise and prayer, as we seek God to guide us through the uncertainties of this time?

The gift of myrrh reflects that these astrologers saw beyond the baby's birth and life, to His death which would secure life for all. Jesus was offered myrrh on the cross and was a spice used in His tomb. As we face the sufferings of this New Year, we can be confident that Jesus knows and understands our experience. Are we ready to trust Him?

'Glorious now behold Him arise, King and God and Sacrifice! Heav'n sings Hallelujah: Hallelujah the earth replies.' ('We Three Kings').

Lester Amann considers the visit of the Wise Men.

Where do we go from here?

Perhaps this was a question the Wise Men asked after seeing the infant Jesus. They had come from a distant land to Jerusalem. They had followed a star and expected to see a royal child. Now in Bethlehem, they saw things differently. No doubt, Mary and Joseph shared with these men their recent experiences and knew God was with them. Now the Magi had to have eyes of faith to recognise that this child was God in the flesh.

On 6th January many churches will celebrate Epiphany. On this day we remember the Eastern Men bringing their gifts to Jesus. The word 'epiphany' describes their 'revelation' or 'insight' that this was no ordinary baby. Who could they tell? Not King Herod. They had a dream warning them to return home a different way.

Their return to familiar surroundings was going to be different. They couldn't be silent about what they had experienced. Their lives were now changed. On returning home they faced new circumstances and challenges.

Doesn't this sound a bit familiar to us today? The Covid-19 pandemic has affected all of us in one way or another. Where do we go from here? We have celebrated our Lord's birth, but now we are returning to our previous activities. The festive break is over, and we are returning to changed, very difficult circumstances.

We go into a New Year that is so different from this time last year. While we might be downcast with all he upsets around us, there is one thing that has not changed.

Continued on page 8

Church Information

Address: Ringwood Service Road,
St. Ives, Ringwood, Hants BH24 2NS

Vicar: Rev'd Matthew Trick

The Vicarage, 65 Southampton Road
Ringwood BH24 1HE

Tel: 01425 489898

Associate Minister:

Rev'd Ian Whitham

The Vicarage, 30 Pine Drive, St Ives,
Ringwood BH24 2LN

Tel: 01425 552180

or e-mail

allsaintsoffice@ringwoodbenefice.org.uk

Website: www.ringwoodbenefice.org.uk

Marriage & Baptism Enquiries

Enquiries should be made to the vicar—
see above

Church Centre Bookings

It is possible to book the church centre
for functions and other events.

Enquiries should be made in the first
instance to Paddy Hester, 01425
474758

Lifts to Church

Lifts are available to people who could
not otherwise get to church. Please
contact Susan Woolward on
01202 829434

Worship Times

Please note that, due to Covid-19,
normal services have been suspended
for the time being and that the
church buildings are closed for a lot
of the time. During this crisis, the
rules, guidelines and opportunities
change frequently. The best place to
find out what is being provided in the
way of prayer and worship is to look
at the Benefice website (newsletter)
or contact one of the Vicars, the
Benefice Office or a church warden.
All contact details are on these 2
pages. Also see Page 8 for currently
planned services at All Saints.

Sundays

10.30am - Benefice livestreamed
Sunday Worship taking place on
[facebook.com/ringwoodbenefice](https://www.facebook.com/ringwoodbenefice)

Weekdays (*not during crisis*)

Morning Prayer is said in church at 8.00
am Tuesdays and in Ringwood church at
8.20am on Wednesdays.

Holy Communion is celebrated at 10.00
am on every Thursday

Coffee Corner on Thursday Mornings:

Come and join us for your morning break
of tea or coffee in the Church Centre
every Thursday morning at 10.30 am or
after the communion service. We would
love to welcome you.

Sundays (*not during crisis*)

First Sunday

8.30 am Holy Communion (BCP)
10.30am Holy Communion (CW) &
smAll Saints Church for children
5.30pm for
6.00pm The Well—modern service

Second Sunday

8.30am Holy Communion (BCP)
10.30am Holy Communion (CW) &
smAll Saints Church for children
6.00pm Evensong

Third Sunday

8.30am Holy Communion (BCP)
9.30am for
10.00am Café Church, Family Service
with breakfast
6.00pm Evening Worship

Fourth Sunday

8.30am Holy Communion (BCP)
10.30am Holy Communion (CW) &
smAll Saints Church for children

Fifth Sunday

8.30am Holy Communion (BCP)
10.30am Benefice Service—rotates
around the Benefice so
check Pews News or
Website

Who's Who

Churchwardens

2 Vacancies

Parish Administrator

Lisa Hover 01425 461512

Licensed Lay Minister

Ruth Freeman 01425 475645

Lay Pastors

Wendy Bennitt 01425 473220

Elizabeth Morris 01425 479936

Cherry Brooks 01425 838404

Dee Briggs 01202 894716

Marion Ridgway 01425 475444

Susan Woolward 01202 829434

Andrea Emblin 01425 482742

Gill Tybjerg 01425 470906

John Freeman 01425 475645

Laura Reynolds 01202 950693

Safeguarding & Inclusion Officer

Hilary Cooper 01202 894700

Health & Safety Officer

Vacancy

Secretary to the Parochial Church

Council

Vacancy

Church Treasurer

Stephen Gray 01425 473727

(Vacancy)

Gift Aid Secretary

Vacancy

Fund Raising/Social Events

Vacancy

Director of Music

Gill Tybjerg 01425 470906

Assistant Organist

John Birch 01425 476401

SmALL Saints Sunday School &

Messy Church

Chris Ross 07974 631884

Church Flowers

Sue Nixon 07511 961950

Sunday Car Drivers

Susan Woolward 01202 829434

Church Centre Bookings

Paddy Hester 01425 474758

'Good News' Magazine

Whilst we can still print this magazine and our wonderful deliverers are happy to distribute it, paper copies will be available to our regular subscribers. We will still be sending via email (if you have asked for it to be delivered that way) and, *while we cannot sell from the church*, we will continue to make it available on the Ringwood Benefice website - now under 'What's on', scroll down to click on 'News' and then scroll down to see the latest magazine.

Please note: Copy for inclusion next month should be passed to Sally Brierley contact on 471335 or, preferably, email at allsaints.goodnews@gmail.com

Copy deadline for the next Issue:
Monday 11th January .

If you would like to (normally) receive a paper copy of this magazine each month, for an annual subscription of £5.00, please ring Lynne Wilson on 01202 872134. Alternatively you can receive it via email (PDF file format) at a discount price of £3.50 for the year, please email Sally using the address above to set up.

Advertising enquiries should be made to Sally Brierley, as above.
Please note that advertising deadline is the 5th of the month.

Advertisements in this publication have not been endorsed or approved by the PCC or any of this parish's representatives.

All Saints Parent and Toddler Group

This group meets on Wednesday mornings in the Church Centre. For further details contact Jane Chick on 01425 473177 or email jane@chick.org.uk .

Please note that, due to Covid-19, this group has been suspended for the time being.

Continued from page 5

It is almighty God! He is our rock. We can look to Him in this world of confusion and uncertainty. Perhaps, from now on, we shall be worshipping and serving Him in different ways. So, with the challenges that lie ahead, let's continually seek His guidance.

Trust in the Lord with all your heart and lean not on your own understanding...and He will make your paths straight. (Proverbs 3:5-6)

‘Quarantine’ - the 2020 word of the year

The Cambridge Dictionary has named ‘**quarantine**’ as its ‘word of the year’ for 2020. Apparently, it was the word most looked up between January and October of last year. ‘Quarantine’ even beat ‘pandemic’ and ‘lockdown’.

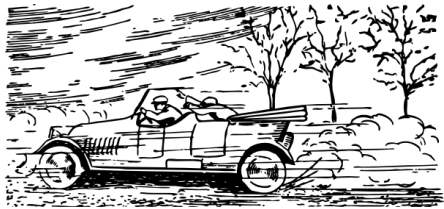
The Cambridge Dictionary has now added a new meaning to the word ‘quarantine’. It runs: ‘A general period of time in which people are not allowed to leave their homes or travel freely, so that they do not catch or spread a disease.’

The editors are also considering some possible new words for the dictionary. These include ‘**Quaranteam**’ (a group of people who go into quarantine together), **Lockstalgia** (a feeling of nostalgia for the lockdown period), and **Coronial** (someone born around the time of the pandemic)

It seems that ever since the car was invented, some people can't resist the urge to put their foot down... By Tim Lenton

The first man to get stopped for speeding...

It was 125 years ago, on 28th January 1896, that Walter Arnold of Kent became the first person in the world



to be convicted of speeding. The speed limit was 2mph at the time, and a man carrying a red flag had to walk in front of the vehicle. But one day Mr Arnold took off at 8mph, without a flag bearer. He was chased by a policeman on a bicycle for five miles, arrested, and fined one shilling.

Mr Arnold was four times over the rather modest 2mph limit in the streets of Paddock Wood, near Tunbridge Wells in Kent. To achieve this feat today, a driver in most towns or cities would have to be travelling at over 100mph, which is probably a bit excessive.

The speed limit was changed later that same year to 14mph, but there is no record of Mr Arnold getting his money back. Nor is there any evidence that he was endangering life and limb, which used to be the criterion: the 1832 Stage Carriage Act introduced the offence of endangering someone's safety by “furious driving”.

Just over 100 years later, the road safety charity Brake reports that male motorists are more than three times as likely as women to have driven at more than 100mph, because ‘boy racers’ believe they have more talent than the average driver. Police have caught one driver doing 120mph in a 20mph zone, another doing 152mph in a 30mph zone, and one doing an astonishing 180mph on a motorway. As Edmund King, AA president, points out: “Generally men have riskier attitudes towards driving than their female counterparts.”

The cat

A vicar and his wife were going out for the evening, and carefully set the security lights and put the cat out. But when they opened the door to go to the taxi, the cat slipped back in and disappeared upstairs. Irritated, the vicar followed it.

The wife waited with the taxi driver. Not wanting him to know that they were leaving the parsonage empty, she said: "My husband is just upstairs for a quick word with my mother."

A few minutes later, the husband arrived, breathless. "Sorry I took so long" he said, "but she put up a fight! Stupid old thing was hiding under the bed and I had to poke her with a coat hanger and grab her by the scruff of the neck to get her out."

Fire?

The team at the local fire station had assembled to hear their training officer discuss the behaviours of various kinds of fire. He began: "You pull up to a house and notice puffs of smoke coming from the eaves. But the windows are blackened out and there is little or no visible flame. What does this tell you?" he asked.

Hoping the men recognised signs of a possible 'back draft', a condition very dangerous to fire fighters, he heard instead: "It tells me I've got the right house."

The News Headlines...

If biblical events were being covered by today's media...

On Red Sea crossing:
WETLANDS TRAMPLED IN LABOUR STRIKE
Enforcement Officials Killed While Pursuing Unruly Mob

On the prophet Elijah on Mt Carmel:
FIRE SENDS RELIGIOUS ACTIVIST INTO FRENZY
400 Killed In Unprovoked Attack

On the birth of Christ:
HOTELS FULL, ANIMALS EJECTED FROM SHELTER
Animal Rights Advocates Enraged by Insensitive Couple

On feeding the 5,000:
LAY PREACHER STEALS CHILD'S LUNCH
Disciples Mystified Over Behaviour

On healing the 10 lepers:
QUACK PREYS ON TERMINALLY ILL
Authorities Investigating Use of Non-traditional Medical Procedure

On raising Lazarus from the dead:
ITINERANT PREACHER RAISES STINK
Will Now Being Contested by Lawyers of Heirs

Miscellaneous observations

Wrinkles mean you laughed; grey hair mean you care; scars mean you lived; a large rear end means you love take-aways.

If money talks, my wallet is whispering.

I don't think the therapist is supposed to say 'you did what?!' that many times in your first session, but here we are.

I'm on two diets. I wasn't getting enough food on one.

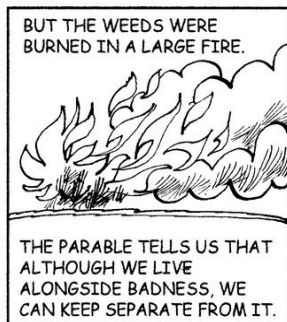
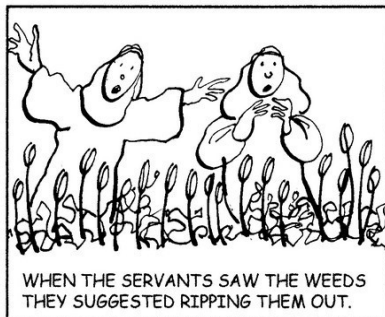
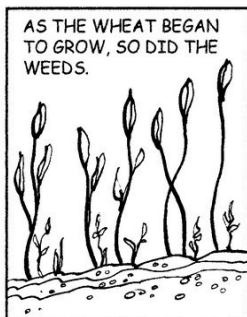
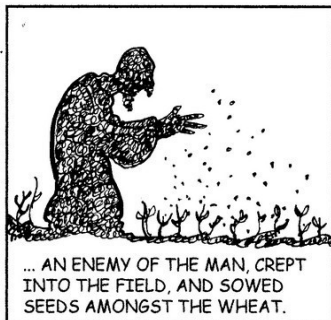
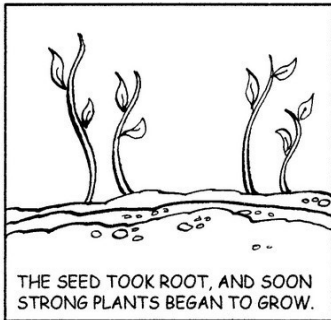
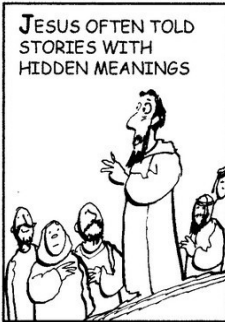
Stealing someone's coffee is called mugging.

Nowadays the only time a person gets on his knees is to look for his contact lenses.

Everyone seems normal until you get to know them.

Warning: Dates in your calendar are closer than they appear.

The tale of
the
Wheat
and the
Weeds



Holocaust Memorial Day calls for ‘light in the darkness’ of today

It was 25 years ago this month, on 27th January 1996, that the first Holocaust Remembrance Day was observed in Germany. It became International Holocaust Day in 2005 when it was adopted by the United Nations. It marks the day (27th January 1945) when the Auschwitz-Birkenau concentration/ death camp was liberated.

The theme for Holocaust Memorial Day (HMD) in 2021 is ‘Be the light in the darkness’. The aim is to encourage people to “reflect on the depths humanity can sink to, but also the ways individuals and communities resisted that darkness to ‘be the light’ before, during and after genocide.”

HMD is encouraging people to heed the ‘Be the light in the darkness’ theme as a call to action. “The utterly unprecedented times through which we are living currently are showing the very best of which humanity is capable but also - in some of the abuse and conspiracy theories being spread on social media - the much darker side of our world as well.

“We can all stand in solidarity. We can choose to ‘be the light in the darkness’ in a variety of ways and places - at home, in public, and online.”

More at: www.hmd.org.uk

Climate change has increased disasters

Climate change is largely to blame for the huge rise in natural disasters between the years 2000 to 2019. So says a recent report from the United Nations office for disaster risk reduction.

It goes on to warn that the earth is rapidly becoming “uninhabitable” to

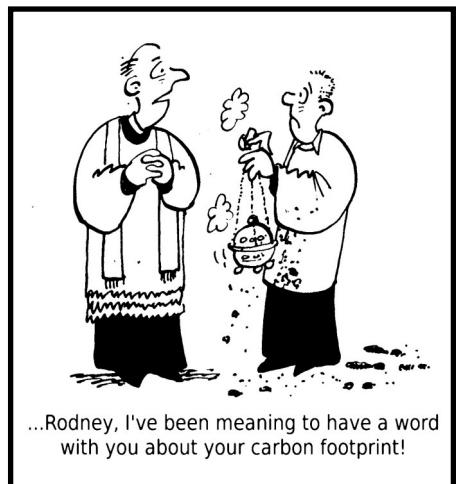
millions of people worldwide. Three quarters of a billion more people were hit by catastrophic events of nature over the past two decades than were affected in the preceding 20 years (1980 to 1999).

The UN report calls humanity “wilfully destructive” and says that too many governments have failed to take the threat of climate change seriously.

“It is baffling that we willingly and knowingly continue to sow the seeds of our own destruction, despite the science and evidence that we are turning our home into an unimaginable hell for millions of people.”

Climate related disasters numbered 3656 during the period 1980-1999. This doubled to become 6681 in the period 2000-2019. Floods and storms have been the most common events.

2020 was not included in the data, but it saw one of the most active fire and hurricane seasons the US has ever experienced, as well as significant flooding in Asia.



New Look Benefice Website

The Benefice office have been working on a new website and is now online. There may be one or two teething problems, so please bear with us. It should be accessible from the same address www.ringwoodbenefice.org.uk . The top of the home page is shown below, but do scroll down on each page as well as using the top menu bar, for lots more information about the Benefice, its people, its churches, news, what's going on and how to get in touch. The All Saints page can be accessed from the 'About Us' tab at the top, click on 'Our Churches and then on the box with All Saints in St Leonards & St Ives!



Ringwood Coronavirus Assistance

This group has collated a variety of information and services available during this crisis and can arrange practical support such as deliveries. If you need help, they have a website:

ringwood-coronavirus.org.uk,

but can also be telephoned on **01425 542031**.



ALL SAINTS
ST LEONARDS & ST IVES



THE CHURCH
OF ENGLAND

During the Covid-19 Crisis

In line with government and Church of England rules and guidance, our church buildings are still closed, **except for *planned resumption of in person services at 10am on Sundays and Thursdays*** (subject to any lockdown restrictions in place).

However, as part of the **Ringwood Benefice** family, we are still very much an active church. We are now praying and worshipping in limited services in church, online, via social media such as Facebook, You Tube and our website. We are also available to provide pastoral support via telephone. Please see below for access details:

Benefice website: ringwoodbenefice.org.uk

Worship & Prayer - on Facebook: facebook.com/ringwoodbenefice, also on You Tube, search for Ringwood Benefice. Includes **Sunday morning** services (at 9.30am, 10.30 for Sunday School and 11.00am for Holy Communion) streamed and available after streaming. Limited services are now being held **in our church buildings** – please refer to the website for latest details.

Facebook Pages & Groups – The Benefice, All Saints, Rev Matthew Trick and Rev Ian Whitham are all on Facebook, where you can find live streams, bible stories and ‘Heart of Worship’ to watch and follow.

Daily Hope – a new dial-in service provided by the Church of England on **0800 804 8044**

Weekly Newsletter – email the Benefice Office to receive this weekly update: office@ringwoodbenefice.org.uk.

GoodNews magazine – via email (send request to the address on page 5) or see on the Benefice website, under What’s On and News

Pastoral Care – if you would like to hear a friendly reassuring voice on the end of the line, give Ruth Freeman a call on **01425 475645**. She can arrange for one of our Lay Pastors to keep in touch with you.

Ashley Heath W.I.

Judging by the latest edition of the Ashley Belles Newsletter, members have been busy during the second Lockdown with a host of ‘crafty’ items, a lovely recipe for Mince Pies, poetry and much more. Thank you to Mrs Geraldine Bowles, the Editor, and ALL the contributors, for keeping us so positive since the beginning of the first Lockdown in the month of March, and here we are in December..... So, now the prospect of more than one Vaccine is on the horizon, let us all still stay safe and stay well, as 2021 is just over the horizon.

Obviously, we must hope that we can resume our monthly W.I. Meetings in 2021, sooner rather than later please! However, we shall just have to wait and see what the advice will be to local W.I’s in the New Year. The Committee has missed its meetings with ideas for Speakers and organising the annual events. We can only hope that we shall be able to celebrate our 50th Birthday in 2021 in style, if not in March, then before December! Just something to look forward to.....

And so, our President, Secretary, Treasurer, and all the Committee, send all our members, and their Families, Greetings for a pleasant Festive Season..... and especially good health and more happiness for 2021.

Until we meet again...

Sue Burt



Have you had a Coronavirus Windfall?

Some people have been badly damaged financially by Coronavirus. Some have lost jobs, the working hours of others have been reduced and many have been laid off. If you are one of those, we offer you our sympathy, and this article is not for you.

Coronavirus has also affected the finances of your church. Our income has reduced by about £7,000. We have lost income from hirings, fairs and plate collections. (Our expenditure has also fallen by about £2,000, mainly heating and lighting costs.)

The very good news is that nearly all those who are members of the Parish Giving Scheme, or pay by bank standing order, or are members of the envelope scheme have continued to support us on full. Thank you very much. But we are still expecting to have a deficit of some £12,000 at the end of 2020.

The Bank of England has recently been pointed out that because the pandemic has prevented much normal spending, many of us have a lot more in our bank accounts than we normally would have. Can those of us with “Coronavirus Windfalls” give at least 10 % of it to the church or a good cause supporting those who are less fortunate? If, like me, you are one of those, you can make a one-off gift to All Saints Church, by contacting either me or Pat Woodcock, the Stewardship Secretary.

Thank you,

Stephen Gray 01425 473727

Helpful Volunteer Services

Ringwood Good Neighbours

operates for those living in the BH24 post code area and provides assistance for those needing help in getting to medical related appointments in the locality. A weekly co-ordinator takes the calls and finds a volunteer driver to take the client to the appointment, wait for them, and return the client to his/her home afterwards. No charge is made for this service, although donations are welcomed to help cover the drivers' petrol costs. 48 hours notice is required to allow for finding a suitable driver.

Volunteer Befriending

Scheme is a FREE service introduced recently to help those in the community who would benefit from some help or some company, as and when needed. Clients will be visited to discuss their needs and try to match them with a volunteer, who may be needed on a regular or occasional basis.

All the volunteers are Police checked and have identification available for clients to see, if they so wish.

If you think you, your neighbour, your friends or a relative would benefit from either or both of these services, then please contact 07933 202112 to obtain further information.

Volunteer drivers and befrienders are always needed, so if you can help, then please see the advert opposite.

Frankie Hester



Age UK Lunch Club

Age UK Bournemouth, Poole and East Dorset now run the lunch club held in Braeside hall on Mondays from 10am to 3pm—see their advert

So if you are lonely or just in need of something to do, either as a member or a volunteer, please ring 01202 530530 or pop into the village hall on a Monday. We look forward to hearing from you.

Talking Newspaper

Do you know somebody who is blind, partially sighted or just has difficulty in reading more than the headlines and would like to be informed about local news? If you do, please send their details to : Ringwood and Fordingbridge Talking News, c/o Ringwood Medical Centre, The Close, Ringwood BH 24 1JY. or phone their details to Peter Ansell 01425 475886 or Stephanie Matthews 01425 477110 or e-mail: peteransell@onetel.com.

The service is Free and free postal return envelopes are provided and a new CD arrives every fortnight.

Difficulty Getting to Ringwood Library?

If anyone has difficulty in getting to Ringwood library through illness or mobility problems, they should contact the library and ask to speak to Pam. She can organize for books to be delivered and collected to/ from people's homes via the RVS (formerly the WRVS).

Note from the Editor: The following piece was written by my husband Martin, who has been a volunteer on one of the Covid-19 Vaccination trials. He had been asked to write it for his Rotary newsletter and, having had to proof read it for him, I thought it only fair that he let me use it too. I hope you find it as entertaining as I did...

On Trial

Some months ago I submitted my name to the NHS register for vaccine trial volunteers. At that initial stage, it is not specific to any particular trial, but you are asked to complete a questionnaire seemingly aimed at discerning whether you are a suitable candidate; age, gender, health condition, favourite football team, jam or cream first? That sort of thing.

Clearly my support of Manchester United (no boos allowed) and my preference for Cornwall over Devon (not that I truly know which is which) meant that I had qualified as in due course, I was contacted by the Novavax team and asked if I would be willing to take part in their trial.

I was quite surprised as the Study Sponsor, Novavax Inc., being based in Gaithersburg, USA have never heard of Manchester United, let alone cream teas. But the local trial is based in Royal Bournemouth Hospital (RBH) and they obviously have.

Having agreed to take part, the initial contact was a telephone call during which I was given another questionnaire. They were concerned about some of my answers but I explained that I lived in Manchester for a number of years during my youth and enjoyed visiting Padstow. I nearly failed when they asked me if I was pregnant but I spotted the trick question as obviously I couldn't be. Not at my age.

The trial 'Main Participant



Information Sheet and Consent Form runs to 22 pages of detail so, needless to say, I didn't read it. But the highlights of my involvement, so far are:

First Vaccination visit (Day 0).

My appointment was at the Research Hub in RBH, scheduled to last about 2 hours.

Obviously, all the COVID secure procedures are in place with symptom and temperature checks at reception.

This visit involved a repeat questionnaire (they keep trying to test me but, despite terrible performances this season, I still support Man Utd.), a health check, a physical examination, a swab test, and an app being installed on my phone (more later).

Having the swab test was helpful as I learnt how much your eyes have to water to make sure the test is done properly. This would come in handy later.

Of course, I had to sign the consent form to acknowledge that I Confirmed, Understood and Agreed a lot of things before I could be given the vaccine. My blood is no longer my own, everyone can have a look at it.

This is a blind trial. It could be the vaccine or a placebo being administered. So no-one in the room, including me, was allowed to look as I was being given the

East Dorset & Ringwood NHS Retirement Fellowship



The East Dorset & Ringwood Branch of the NHS Retirement Fellowship is for all those (and their families and friends) who have worked in any health or social care profession and aims to support its members through the provision of social, leisure, educational and welfare activities. It gives the opportunity to meet and spend time with other like-minded people. Every month we listen to a speaker or have a “members’ morning”. From time to time we also arrange outings to local attractions and national places of interest or organise group meals at nearby restaurants. Members receive a regular national and branch newsletter and may also benefit from the discounts offered on various cruises and holidays, UK and worldwide travel insurance and a variety of financial services.

We meet at 10:00 am on the second Tuesday of each month at the St. Leonards Village Hall, Braeside Road, BH24 2PH.

For a friendly chat and further information please contact our Branch Secretary, Jenny, on 01202 876560 or joh2lou@talktalk.net or alternatively our Membership Secretary, Helen, on 01425 480202 or at h.nield@btinternet.com

Ferndown PROBUS Club



Ferndown Probus Club is a local association for retired and semi-retired professional and business men.

We meet on the first Wednesday of each month at Dudsbury Golf Club, Ferndown, commencing at 12 noon. Meetings comprise a three-course luncheon followed by a talk, on a diverse range of subjects, given by invited Speakers.

We also hold a coffee morning at the same venue on the second Wednesday of each month for members and their partners.

Social events for members, their partners and also for guests, are arranged throughout the year and may include outings to places of interest, restaurant lunches or dinners, buffet or picnic events, skittles competitions or a host of other fun gatherings.

New members will be made most welcome at this friendly club. For further information please ring the Secretary, Alan Stevens, on 01202 876826, or contact us via our website: www.ferndownprobusclub.org

Please note that, due to Covid-19, meetings for both organisations have been suspended for the time being.

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Paddy Hester 01425 474758



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Help at Home

Do you, or someone you know, need help with tasks around the home?



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- one to one computer help
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- accompanying to appointments
- small de-cluttering
- household admin
- light gardening

Our Help at Home service enables the over 55s to remain independent in their own homes. All staff are DBS checked & insured.

To make an appointment please call
01202 530 530
 Or email
enquiries@ageukbped.org.uk

£15.00
per hour

Service covers Ferndown, West Moors and St Leonards and St Ives
 Initial assessment fee may apply for some services

Age UK Bournemouth, Poole & East Dorset is a trading name of Age Concern Bournemouth, 700 Wimborne Road, Bournemouth, Dorset, BH9 2EG. Registered charity number 1113294



Local Foot Care Clinic

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*All treatments are approx. 30 mins and include assessment and diagnosis.

MPS, SAC Dip FHPT, SAC Dip FHPP, MVR FHP

Age UK Bournemouth, Poole & East Dorset is a trading name of Age Concern Bournemouth, 22 Victoria Road Ferndown BH22 9HU Registered charity number 1113294

Sudoku

Each box and each line must contain the numbers 1-9 only once.

Solution:

7	4	1	5	9	3	2	8	6
6	8	2	4	1	6	5	3	7
3	9	5	2	7	8	4	9	1
2	1	4	6	3	5	7	9	8
9	5	7	8	1	4	6	2	3
8	9	3	7	2	6	1	5	4
4	3	6	1	5	9	8	7	2
5	7	8	3	2	4	6	1	9
1	2	9	6	8	7	3	4	5

		3						1
	1						7	5
		8	9	5			3	
4	5			6				
				3			1	2
	9			7	2	5		
7	3						8	
6						1		

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ALMOST CERTAINLY
KNOW SOMEBODY WHO DOES!***

Ringwood Good Neighbours Urgently needed...

Volunteer drivers to take elderly and infirm people in the local community to medical appointments and befrienders for lonely and housebound neighbours.

If you think you could help, please ring 01425 474395 for further information and a friendly chat.

Expenses are paid, only a couple of hours occasionally is asked of you, if you are available.

Braeside Community Café

Braeside Road
St Leonards

Sadly, we have heard from Dee that this is now closed for the foreseeable future.

(Was Wednesday mornings)

Ringwood Foodbank to support local families in need

No area is immune to household economic problems and the need for people not to feel belittled by seeking help is fundamental to the cause.

Food donations of ...

*Milk (UHT or powdered) * sugar (500g and 1kg) * fruit juice (long life) - cartons * tinned soups * pasta sauces * puddings (tinned) * tomatoes (tinned) * rice puddings (tinned) * cereals * tea bags * instant coffee * instant mashed potato * rice * pasta * meat (tinned) * fish (tinned) * fruit (tinned) * jam * biscuits * snack bars*

can be left in the Narthex

*For more details speak to our
Foodbank Co-ordinator, Bill Seward
Thank You*

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Understanding Investments: Pension Options at Retirement

Retirement, and the associated ceasing of the ability to earn an income, can be a scary thought and is certainly a huge decision. Understanding the effect of inflation on your income needs throughout retirement (at 3% inflation your expenditure will double over 24 years) and other significant capital requirements needs more than a “finger in the air” analysis. At Lonsdale Wealth Management, we utilize cash-flow planning tools to help clients understand whether retirement is affordable and just as importantly, sustainable. Once affordability has been identified, decisions on the most effective way to generate retirement income can be made. There are more choices than you might think!

Retirement Income is divided into secure income and flexible income. Secure income would include Defined Benefit Pension Schemes, the State Pension and Pension Annuities. Flexible income includes Pension Drawdown and income from capital and investments, with rental income classed between the two, as it is secure but can be subject to void periods.

You can currently access your defined contribution pension savings any time after age 55 although the minimum age is expected to increase to 57 in 2028 and remain 10 years below state pension age thereafter. You have five broad choices and for each option, 25% of your pension savings can be paid tax-free:

1. Secure Income-Annuity

Exchange your pension savings for an annuity provided by an insurance company which is then guaranteed for the rest of your life (with options including a dependant’s annuity). Annuity income is subject to income tax.

2. Secure Income-Temporary Annuity

Little known but can be very attractive for those who want to retire early. Can provide a higher guaranteed income for a specific number of years (perhaps until other pensions such as the State Pension commence) to allow the balance of pension funds to remain invested.

Annuity income is subject to income tax.

3. Flexi-Access Drawdown

Take the income you need when you need it. The money remains invested and you draw a variable level of income for as long as your money lasts. Withdrawals are subject to income tax.

4. Cash Payment

Have all your savings paid as a cash lump sum, with 75% of the fund subject to income tax.

5. Leave it for now

There is no requirement to draw your savings from your pension and the fund can be passed down to a nominated beneficiary (and through different generations), often outside of your estate and therefore exempt from Inheritance Tax. The 25% tax free lump sum is lost if not taken during lifetime, but your funds can be paid tax-free on death before 75 (taxable on death after 75).

As you can see, there is now significant choice available and pension savings are another tax advantageous wrapper to consider alongside other tax efficient products including ISAs. We are available for a free initial, no obligation chat to discuss and consider your personal situation, aiming to help achieve the most tax-efficient and sustainable outcome.

Howard Goodship is an Independent Financial Adviser with Lonsdale Wealth Management, 5 Fridays Court, Ringwood. Tel: 01425 208490 www.lonsdaleservices.co.uk

The value of an investment and the income from it could go down as well as up. The return at the end of the investment period is not guaranteed and you may get back less than you originally invested. The contents of this article are for information purposes only and do not constitute individual advice. The Financial Conduct Authority does not regulate Cash-flow planning or tax advice.



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For more information please contact our Café Manager, Paul Craddock, on 01202 897087 or email office@stmarys-ferndown.org.uk



Written by Dr Ruth M Bancewicz, who is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge, and writes on the positive relationship between Science and Christian faith.

A Scientist's Letter to the UK Church: Power, love and self-control

I want to share a message of hope that Christians in the sciences around the world can bring to the church.

Dr Francis Collins, who leads medical research in the US, spoke earlier in the pandemic about his faith and his hope in God to help us through this time.

He expressed the grief that so many are experiencing, described an intensity of scientific work he has never experienced before, and shared his conviction that he is in exactly the right place just now - serving God with science. He is holding on tight to the words of Paul in 2 Timothy 1:7, 'for God gave us a spirit not of fear but of power and love and self-control.'

Power

In 2 Timothy the apostle Paul encourages his friend to 'fan into flame the gift of God' that is in him. I am thankful that scientists like Francis are using their own particular talents to understand this virus, and to help prevent or treat infection. The things they discover are not just useful, but at times they can also display the beauty and wonder of God's creation.

Love

A scientist shows their love for God, for people and for the rest of creation through their work in the lab. One scientist described his experiences to



me: "I study God's fingerprints in His creation to learn more of Him and the world He placed us in and to learn how we should take care of it and each other...I pray for inspiration and insight into how His creation works... and that He provides the opportunities to give the glory to Him."

Self-Control

It is largely our own and others' selfish actions that can turn one animal's friendly virus into our own species' personal nightmare. Thankfully Jesus' suffering, death and resurrection are the solution to evil. Our ultimate and certain hope is that one day all Creation will be renewed. We can also have hope for today, that God is with us in our suffering. When we respond in positive ways to painful events, that is evidence that Jesus is alive and working in our lives.

Science will not solve all our problems, but with God's help and wisdom we can use the tools of science to serve him and love others. Let's pray together for the strength to cope, and for an end to this pandemic.

Organisations of the Church Centre

Church Flower Guild Sec.
(Mrs. B. Davies) 01425 475700
All Saints Parent & Toddler Group
(Jane Chick) 01425 473177
Braeside Bridge Club - Tuesday evenings
(Mr. J. Jackson) 01425 461661

Village Hall

Bookings/Administrator (Clementine Pestell)
01425 472499 or 07847 430815

Organisations of the Village Hall

Age UK Lunch Club Braeside Day Centre-
Mondays 10am-3pm In the Annex
01202 530530
or email: enquiries@ageukbped.org.uk

Badminton Club (Mrs Derbyshire) 01425 479908
Braeside Bowling Club
(Brian Morrell) 01202 828614
Heatherlands Short Mat Bowls Club
(Anne Chater—eves only) 01202 520115
Home Watch Assoc. www.2saints.org.uk
Brian Frecknall (Chair) 01425 476558
email v.frecknall@btopenworld.com
(Also see Facebook Group: St Leonards and St Ives Parish Homewatch)

National Health Service Retirement Fellowship
(Dierdre) 01425 472940
Internet Café (Fridays 9am-12.30pm
(Mr. G. Ledbrook) 01425 474849
Tennis Club (Paul Handford) 07709 821006

Women's Institute (Ashley Heath)
(Elizabeth Layet) 01425 478884

Scouts, Cubs & Beavers

stleonardsandstivesscouts.org.uk
(In Scout HQ behind Hall)
Max 07972 685213

Schools

St. Ives Primary School, Sandy Lane, St. Ives
01425 475478
St. Ives Pre-School (in school grounds)
07799 188712

Residents Associations

Grange Estate (Mrs. J. White) 01202 873620
St. Leonards (Sth) (Mrs. Dyer) 01202 874918

Other Organisations

Ex-Services Club 01425 472087
Ringwood & Fordingbridge Club for the Blind
Chairman: Russel Webb 01425 476618
Secretary: Kate Henderson 01425 476568
Website: www.rfbc.co.uk

GENERAL INFORMATION

Post Office 01425 472046

Out of Hours GP Services

Call the NHS help line 111
(Dorset & Hampshire)

Chemists -Late Opening

Lloyds Pharmacy, Parkers Close, Ringwood
Open 8.30am-6.30pm weekdays, 9am-12.30pm
Saturdays (closed Sundays) 01425 474196
Boots, Tricketts Cross (next to Sainsbury's)
Open 9am- 7pm weekdays,
8.30am-5.30pm Saturdays and
10.00am-4pm Sundays 01202871841
Ferndown Pharmacy, 487 Ringwood Road
(next to Motabitz). Mon-Sat 7am-11pm, Sun
10am-2pm 01202 892666

Buses

Wilts & Dorset Bus Services: Only route 38,
which runs between Ferndown and Ringwood,
now stops in the area. For details see
timetables online at www.wdbus.co.uk
Or phone 01983 827005

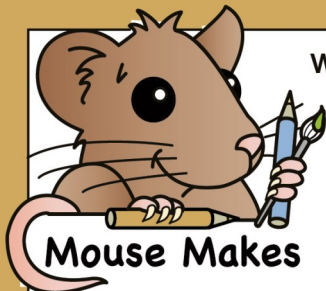
Libraries

Ferndown Library 01202 874542
Ringwood Library 0845 6035631
West Moors Library 01202 873272

Police Phone Numbers

Ferndown Police Station 01202 855544
Or 01202 552099

Please let us know (01425 471335 or allsaints.goodnews@gmail.com) if any of this information is incorrect or if you would like details of your local community organisation to be mentioned.



What happened after Jesus had been born in Bethlehem?

READ Matthew 2:1-12

Who came from the East?

Why had they come?

What were they following?

Who was alarmed by their arrival?

Who had the prophet written about?

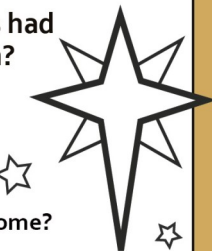
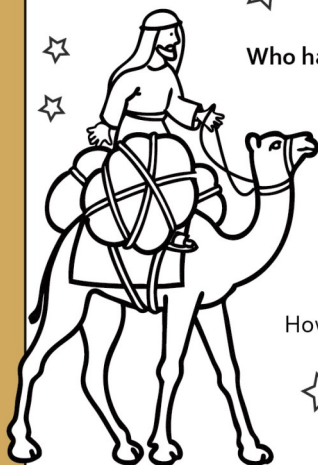
Where were they then sent?

What were they to look for?
..... and why?

Where did the star lead them?

Who did they see? What did they do?

How were they warned to go home another way?



READ Matthew 2:13-23

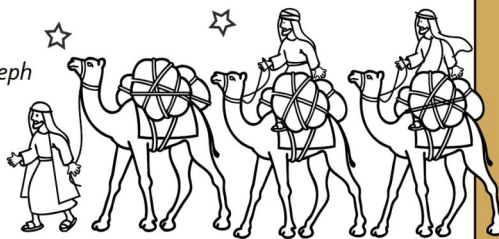
Who appeared to Joseph?

What was he told? Why? What did he do?

Who then became angry?.... and why? What horrible thing did he then do?

When Herod died where was Joseph told to take his family?

Where did Jesus finally grow up?





IN A BAG

Receive a little bag of craft materials before watching the online Messy Church session from the All Saints team. To register an interest e-mail: lisa.hover@ringwoodbenefice.org.uk

Benefice morning prayer meetings

There is so much to pray for!



Monday 7.30am

Meeting ID: 307-879-502 Passcode: 489898

Wednesday 8.30am

Meeting ID 842-5692-5855 & Passcode: 489898

Thursday 7.30am

Meeting ID: 307-879-502 Passcode: 489898

Download the free 'Zoom' App on any device and put in the Meeting ID & Password





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