



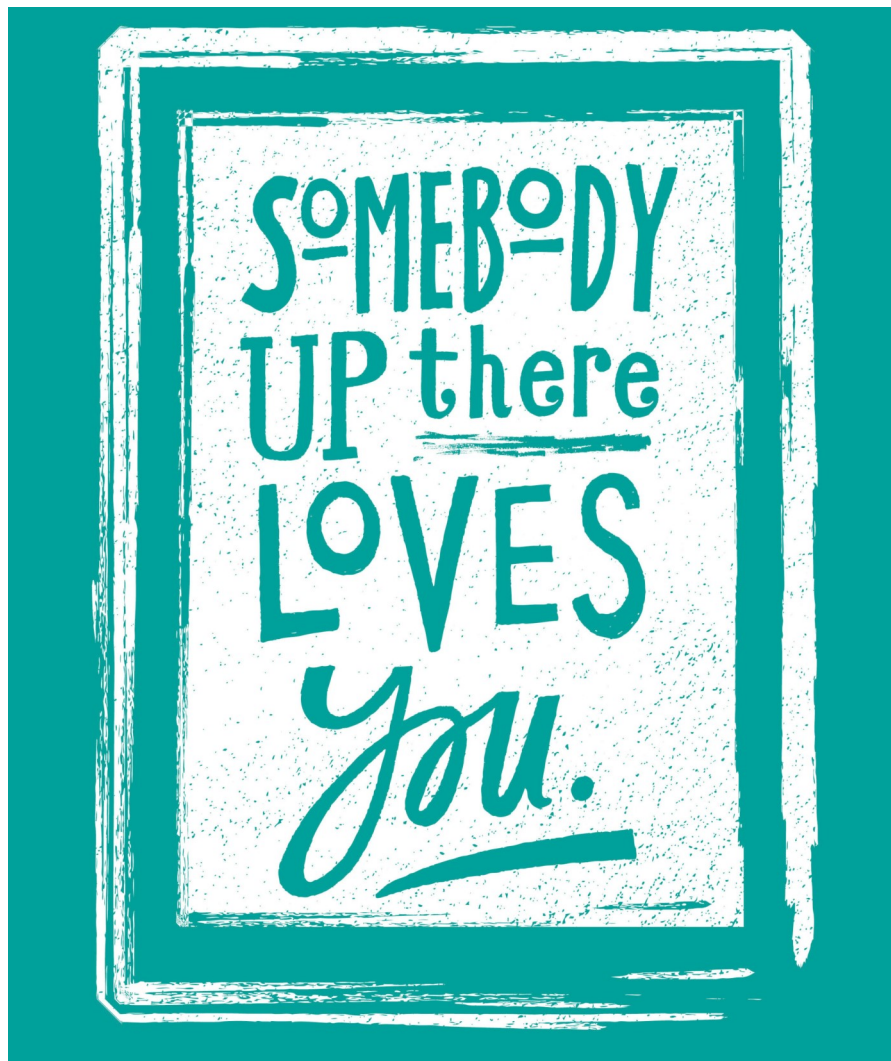
ALL SAINTS
ST LEONARDS & ST IVES



RINGWOOD
BENEFICE

GoodNews 50p

October 2021



Sunday Car Drivers



1st Sunday	Ann Lomax	01425 470317
2nd Sunday	Pat Woodcock	01425 480921
3rd Sunday	Barry Wallen	01425 474207
4th Sunday	Alison Davis	01425 473198
5th Sunday	Barbara Davies	01425 475700

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Diary Dates - October

- Tuesdays - Recovery course at St Peter & St Paul
- Thursdays - 7pm Velo Café, Kintsugi Hope
- Sun 3rd - Confirmation Service at Christchurch Priory
- Fri 8th - Friends of Ringwood Parish Church Tea & Talk
- Wed 13th - Messy Church

See also Page 31 and 'What's On'/'Events' on the Benefice website:

www.ringwoodbenefice.org.uk

Evensong Cancelled

Evensong is cancelled at All Saints St Leonards & St Ives. If you wish to attend a Evensong Service you are more than welcome to attend either or both of the following. First Sunday of the month - St Pauls, Bisterne at 6pm Second Sunday of the month - St Marys & All Saints Ellingham at 5.30pm

Autumn Fair

11th September.

Grateful thanks go to all those people who contributed in so many ways to an enjoyable, successful afternoon in the sunshine, when much to our amazement and delight we raised £2000. The afternoon started slowly, which was a little worrying, but then people arrived and seemed to enjoy browsing the many stalls. From the very start of talking about holding such an event there has been a real feeling of working together as a team. So much enthusiasm and on the Friday afternoon prior to the Fair there was a happy buzz around the church while we set up indoor stalls, carried and sorted so many boxes of goodies, while 'the boys' put up the bunting! Many, many thanks

Lynne and Alison.

Matthew has added, 'It was a truly spectacular effort from all involved and whilst the money raised is impressive the spirit of the event was more so; everyone was together in spirit and purpose, it was wonderful to see.'

See Page 14 for photos

Our Vision & Beliefs

To be an inclusive church that welcomes all.

A church that is transformed by the love of God and to share that love with each other and all whom we meet.



A people committed to growing together in love and faith and to growing into the likeness of Christ.

Mission Statement

We strive to be a community of people that:

- *tells others about God
- *grows in the likeness of God
- *works towards a just and compassionate society
- *is fully resourced for the task

We hope you enjoy browsing our website and hope to see you soon. Visitors are always welcome.



Besides catering for the spiritual needs of the parish, All Saints hosts a choir, music group, a flower guild, Sunday school, Mother & Toddler Group, and Handicrafts Group. The Church

The Vicar's Letter:

People long for justice. Among millennials and younger generations, the longing to live in a fairer, more just society has never been stronger. Neither has the desire of people to play a part in pursuing justice, which gives way to the rather large question, 'How do we act justly?'



Injustice is rife in our society and we shouldn't, as Christians, overlook the injustice that surrounds us. This, by the way, is not a matter of opinion but of quantifiable, in fact, quantified, fact. Let me give you some examples from our recent pandemic experience:

- According to the Office for National Statistics, people living in areas of deprivation have seen COVID mortality rates at double those in less deprived areas.
- Black and ethnic minority individuals in the UK are also more likely to die from COVID than white British people.
- During the lockdowns over the past 19 months, children have witnessed more acts of domestic violence in the home. What is more, away from the stable support networks of school and friends, children have been further impacted by witnessing these acts.

I could go on. Of course, there are the good news stories of churches and communities rising to run social action and social justice projects, like Ringwood Coronavirus Action in our community. However, as Christians, we are part of God's solution to bring justice, mercy and hope to the world and must not overlook the above injustices; rather we must let them reshape our ministry of our Church in the coming months and years.

This started out in my head as a harvest article, because as this

magazine goes to print, we are getting ready to thank God for the harvest, his provision of food to nourish and sustain our lives. The bible is rich with such imagery: in the wilderness years of the exodus from Egypt, God rained down a harvest of manna to feed his people; in the Gospels,

workers are sent out into the harvest fields to bring in the crop. You might recall the workers in the vineyard (Matthew 20) going out to work at different times of day and receiving the same wage. Questions of justice abounded then too, where the perception of the workers who had grafted all day was one of injustice. Still, the vineyard owner, playing the part of God, explained that justice in this case revealed itself in generosity.

Elsewhere in the New Testament in the Acts of the Apostles (Acts 6), there is a perception of injustice from the Greek Jews (Hellenistic Jews) who either did, or perceived they did, receive less food than Jews natively from Jerusalem. Interestingly the Apostles are not concerned with proving the truth of the claims but concern themselves with the appointment of deacons to care for the needs of the whole community, Greeks and Hebrews alike.

Have I made my argument? God is concerned about promoting justice and challenging injustice. Issues of justice are never far from God's heart, neither ought they be from ours. This autumn terms see Ringwood Benefice launching two initiatives that support people wrestling with addiction and exploring what good mental health and well-being look like. On Tuesdays, St Peter & St Paul, Ringwood host the Recovery Course an ecumenical effort helping people leave addiction behind. On Thursday

ctd on page 8

Church Information

Address: Ringwood Service Road,
St. Ives, Ringwood, Hants BH24 2NS

Vicar: Rev'd Matthew Trick
The Vicarage, 65 Southampton Road
Ringwood BH24 1HE
Tel: 01425 489898
or e-mail
allsaintsoffice@ringwoodbenefice.org.uk
Website: www.ringwoodbenefice.org.uk

Marriage & Baptism Enquiries

Enquiries should be made to the vicar—see above

Church Centre Bookings

It is possible to book the church centre for functions and other events. Enquiries should be made in the first instance to Paddy Hester, 01425 474758

Lifts to Church

Lifts are available to people who could not otherwise get to church. Please Sunday Car Drivers under Who's Who on page 7.

Worship Times

As we ease back into some sort of normality, a new pattern of worship is emerging, some in person and some online. In addition, some services are also available to listen to on the local rate phone line **01425 543304**.



Planned services and meetings are listed below, but it is worth double checking on the Benefice website, or the weekly newsletter (emailed) or contact one of the Vicars, the Benefice Office or a church warden. All contact details are on these 2 pages.

Weekdays

Morning Prayer Meetings remain online - on Mondays, Wednesdays and Thursdays. See inside back cover for times and how to join.

Thought for the Day

Online 2pm Tuesdays on Benefice Facebook and YouTube.

Holy Communion

In person at All Saints 10.00 am every Thursday
Online 10.30am Wednesdays on Benefice Facebook and YouTube.

Coffee Corner on Thursday Mornings: (Still suspended)

Come and join us for your morning break of tea or coffee in the Church Centre every Thursday morning at 10.30 am or after the communion service. We would love to welcome you.

Sundays

Online Each Sunday: Benefice livestreamed on [facebook.com/ringwoodbenefice](https://www.facebook.com/ringwoodbenefice) and [Youtube](https://www.youtube.com/ringwoodbenefice)

11am Holy Communion

In-Person at All Saints

First Sunday

10am Holy Communion

Second Sunday

8am Holy Communion (BCP)

10am Service of the word

Third Sunday

10am Holy Communion

6pm 'Reflections @ 6' Informal Worship

Fourth Sunday

10am Service of the word

~~6pm—BCP Evensong—~~ cancelled for winter 2021/22

Fifth Sunday

10.30am Benefice Service—rotates around the Benefice so check Pews News or Website or office (see Administrator on next page)

Subject to establishing a rota, refreshments will be served in the Hall after the 10am service - everyone is welcome.

Any permitted 'in person' services will be subject to government advice and rules and as such there may be some last minute changes. We will try to notify of any changes and apologise in advance if we cannot achieve this for everyone.

Who's Who

Churchwardens

2 Vacancies

Parish Administrator

Lisa Hover 01425 461512

Licensed Lay Minister

Ruth Freeman 01425 475645

Lay Pastors

Wendy Bennitt 01425 473220

Cherry Brooks 01425 838404

Dee Briggs 01202 894716

Marion Ridgway 01425 475444

Andrea Emblin 01425 482742

Gill Tybjerg 01425 470906

John Freeman 01425 475645

Laura Reynolds 01202 950693

Safeguarding & Inclusion Officer

Hilary Cooper 01202 894700

Health & Safety Officer

Vacancy

Secretary to the Parochial Church

Council

Vacancy

Church Treasurer

Stephen Gray 01425 473727

(Vacancy)

Gift Aid Secretary

Vacancy

Fund Raising/Social Events

Vacancy

Director of Music

Gill Tybjerg 01425 470906

Assistant Organist

John Birch 01425 476401

SmALL Saints Sunday School &

Messy Church

Chris Ross 07974 631884

Church Flowers

Lisa Hover 01425 461512

Sunday Car Drivers

Alison Davis 01425 473198

Church Centre Bookings

Paddy Hester 01425 474758

'Good News' Magazine

We will be printing this month and those who subscribe should receive their copy through the door. However, since the church cannot be fully open we will still provide availability from the Website 'What's on' page: scroll down to click on 'News' and then scroll down to see the latest magazine. (Bizarre instructions since you must already have access to a copy to be reading this!)

Please note: Copy for inclusion next month should be passed to Sally Brierley contact on 471335 or, preferably, email at allsaints.goodnews@gmail.com

Copy deadline for the November Issue:
Monday 18th October.

If you would like to (normally) receive a paper copy of this magazine each month, for an annual subscription of £5.00, please ring Lynne Wilson on 01202 872134. Alternatively you can receive it via email (PDF file format) at a discount price of £3.50 for the year, please email Sally using the address above to set up.

Advertising enquiries should be made to Sally Brierley, as above. *Please note that advertising deadline is the 5th of the month.*

Advertisements in this publication have not been endorsed or approved by the PCC or any of this parish's representatives.

All Saints Parent and Toddler Group

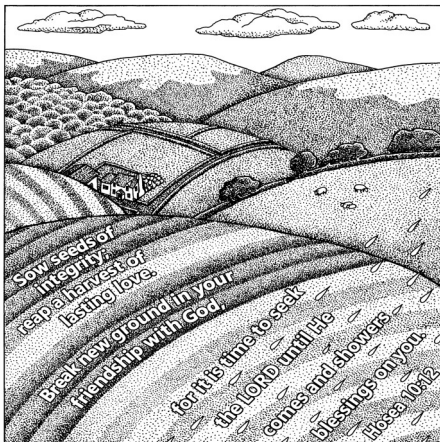
This group meets on Wednesday mornings in the Church Centre. We are thrilled that we now plan to restart our meetings on 8th September but **please note that places must be booked with Lisa Hover via the Parish Office** - see left. For further details contact **Jane Chick** on 01425 473177 or email jane@chick.org.uk .

Ctd from page 5

evenings we are running Kintsugi Hope at Café Velo, a well-being programme giving people much needed space to explore their mental health and self-care.

Against the narrative that Christians should stay out of politics, it is clearer than ever, that Christians are called to be more outspoken than ever in highlighting injustice and challenging injustice through word and action when we meet it. As we emerge from the shock and trauma of the pandemic and are faced with a world attempting to discover its new normal, God is calling the Church to reshape itself as God's movement bringing light, hope and justice to a hurting world.

With every blessing, Matthew



God in the Sciences

Written by Dr Ruth M Bancewicz, who is Church Engagement Director at The Faraday Institute for Science and Religion in Cambridge. Ruth writes on the positive relationship between Science and Christian faith.

Fearfully and Wonderfully Made

Every person was once a sperm and an egg. Those two unique germ cells fused together, and in nine months they turned into a living, breathing,

human being. One of the most important stages of this process is when each section of the body, from head to rump, takes on its identity.

In this context, identity means what shape it takes, and which limbs or internal organs grow there: legs or arms, lungs or pancreas, and so on. The source of that physical identity is DNA: the networks of genes that are switched on or off in each segment of the body, making all the proteins that are needed to grow and develop in the right way. The master-genes that control the whole process are called homeobox, or Hox genes for short.

The most beautiful thing about the process of body patterning is the way it brings the dimensions of time and space together in such a tidy way. The Hox genes are organised into several clusters on the chromosomes, in the order in which they are needed during development and the order in which they appear on the body.

Ctd on page 10

We're Back!



**Braeside
Community
Café**

Braeside Road
St Leonards

Open every
Wednesday morning
from 10 am to 12 noon

For tea/coffee and biscuits

**A great place to
meet friends old and
new**

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SOON



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(Located off the A31, next to St Leonards Hospital)

www.barchester.com/MoorsManor



Barchester Healthcare is proud to be the only care provider to win the RoSPA Health and Safety Award in both 2019 and 2020.

Ctd from page 8

As the embryo develops, the cells near the head end activate the first genes in the Hox clusters. The cells just below the head then switch on the second genes in the cluster, and so on. A wave of gene activation passes down the embryo, specifying each section of the trunk in turn.



Danny Allison, © Lion Hudson IP Limited

Once a Hox gene is switched on it can stay switched on in the next few sections of cells, and it is the overlapping activity of the genes which gives each section of the body its proper identity.

The Wisconsin-based developmental biologist Jeff Hardin often quotes Psalm 139 to express the wonder of embryonic development. “For you created my inmost being; you knit me together in my mother’s womb...your works are wonderful, I know that full well. My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth.” The story of the tidy Hox genes is very relevant to these verses, bringing out the hidden beauty in the process.

The more biologists get to find out about how we came to be born, the more we can say, “I am fearfully and wonderfully made”!

Acting Churchwardens needed

- most of the work has been done for you. We are in a situation where we have no churchwarden and we thank Frankie, Alison and Lynne for continuing to support the ministry team but we need volunteers to go on a rota to manage minor duties at our services. Duties are not onerous-track and trace details, hand sanitising, handing out service sheets etc, showing people where to sit safely, clearing up afterwards etc. A key holder will be on duty as well, so you won't have to worry about access to the church. The altar will be set up by the key holder. Although subject to change, the services are expected to be every Sunday morning at 10am, and on the 2nd Sunday in the month, an 8am BCP HC. If anyone can help please let Frankie or Alison know if you want to go on the rota -contact Lisa and she will put you in touch.

Ashley Heath W.I.

We had our first meeting in the big hall at Braeside on September 14th and a new time as well: 2.30 to 4.00pm. It was so nice to see so many members arrive plus two members back for a visit and, hopefully, re-joining soon. The Committee had made sure that all the chairs were 2 metres apart and windows open to make everyone as safe as possible. Elizabeth, our President, welcomed everyone back and it felt as if it was a new start for us all. We also had our VCO present to give advice on how to encourage members to join the Committee as a few will be leaving, having given many years enjoyable service, but feeling it was time to see new faces and new ideas. She did suggest, if necessary, the roles are shared if it would make things easier and also the retiring members would happily help out if needed.

Our Speaker for the afternoon was Denise Edwards, a Stunt lady, who told us so many stories of her life, including many dangerous stunts for some very famous people.

Apparently, Michael Caine decided he would happily have her fall onto him! Another stunt involved playing dead in cold sea with a bamboo tube nudging her to tell her to stop breathing for filming and a further nudge to breathe again - all in a days work. Her latest film work will be released in October, starring Diana Rigg, but she would like one more stunt role in 'Death in Paradise'! A very interesting talk supported by lots of photos of her various jobs over the years.

Everyone is welcome to our meetings and we have such a variety of speakers, who keep us entertained, and coffee or tea, where we catch up on news - at this meeting we had quite a lot of news that had passed us by over the last 18 months.

Our next meeting will be on Tuesday 12th October at 2.30pm in Braeside Hall.

Dee Briggs

Ten:Ten #flourishing

Within our Diocese of Winchester, the 2021 Ten Ten #flourishing project is focused on developing spiritual wellness in our school communities. Our aim is that children and adults in our schools will learn, worship, pray and meditate in the great outdoors to support positive mental wellbeing for both pupils and staff.

This project draws on contemporary research that shows being involved with nature improves child and adult mental health. At the same time, it is a project that focuses on ancient Christian traditions when sacred places and practices were outside.

As part of this project, all diocesan schools are being encouraged to

apply for a FREE orchard tree pack or fruiting hedgerow pack.

Orchards for schools have been set up in partnership with the Daily Mail and pre-school settings attached to a church school may like to take advantage of the scheme.

Schools will receive a free pack containing five mixed fruit trees or 30 fruiting hedgerow samplings. Five trees or more constitutes an orchard!

The Quiet Place

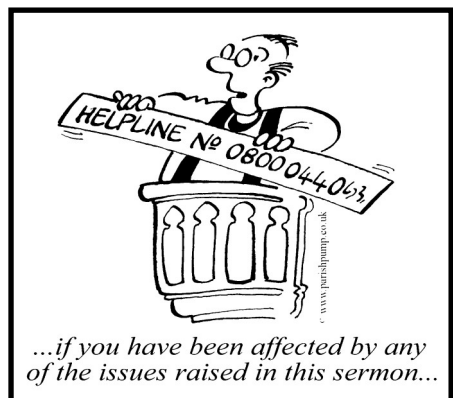
A new relaxation and reflection podcast by Rev'd Sally Dakin.

This new podcast is an audio version of 'The Quiet Page' on our website. Rev'd Sally has recorded a 10-minute episode on Stillness inviting you to take some time out of your day to be with God. This episode can be listened to at

<https://www.winchester.anglican.org/the-quiet-page/>

and is also available on Spotify and Apple Music.

If you like what you find, you can also go to <https://taketime.org.uk> for more short meditations. If you'd like more of podcasts like 'Stillness' above get in touch via communications@winchester.anglican.org



THE NEW NORMAL: COVID 19 Precautions In Church

These measures were agreed by the Vicar and PCC following the release of guidance from the Church of England. We will continue to err on the side of caution and to be mindful of the current increase in case numbers. The Vicar and PCC understand and respect that as of the 19th July, decisions on the wearing of face masks and social distancing are no longer requirements in law but determined by individuals. The provisions which follow are our best attempt based on HM Government and Church of England guidance to promote safe churches where people can pray, worship and take part in activities with confidence. All of these measures will be reviewed in the autumn.

- ☒ We will maintain social distancing in pews except for large services including weddings, baptism and funerals which will be assessed on an individual basis and steps taken based on the number of attendees expected and the capacity of the church. In this case individuals must then take personal responsibility for their own safety.
- ☒ We will provide cards for congregation members to place on the pew next to them, if they wish to do so, so that no one else sits there.
- ☒ We will encourage the use of face masks when moving about the church. These can be removed when seated.
- ☒ Singing in church is now allowed and we will do so, but ask people to still wear a mask if possible.
- ☒ Holy Communion will remain in one kind only until at least the autumn.
- ☒ Test & Trace forms and QR codes are now no longer compulsory. However, we will retain them and would appreciate cooperation to continue providing details from church attendees, but no one will be compelled.
- ☒ The Peace will remain non-contact as now. ☒ Cleaning will return to pre-pandemic levels.

Ringwood Coronavirus Assistance

This group has collated a variety of information and services available during the pandemic and can arrange practical support such as deliveries. If you need help, they have a website:

ringwood-coronavirus.org.uk,

but can also be telephoned on **01425 542031**.



ALL SAINTS
ST LEONARDS & ST IVES



THE CHURCH
OF ENGLAND

During the Covid-19 Crisis

In line with government and Church of England guidance, our church buildings are mostly closed. However, as part of the **Ringwood Benefice** family, we are still very much an active church.

We are praying and worshipping in person and limited online, via social media such as Facebook and You Tube. We are also available to provide pastoral support and information via telephone. Please see below for access details. Here at **All Saints**, we now have a pattern of **in person services** which you can find on **page 6**.

Benefice website: ringwoodbenefice.org.uk

Worship & Prayer - on Facebook: facebook.com/ringwoodbenefice, also on You Tube, search for Ringwood Benefice. Includes **Sunday** morning 11am Holy Communion and Tuesday afternoon 'Thought for the Day'. We also have Zoom Prayer meetings -see

Facebook Pages & Groups – The Benefice, All Saints and Rev Matthew Trick are all on Facebook,

Daily Hope – a dial-in service provided by the Church of England on **0800 804 8044**

† We also have a local rate **phone line 01425 543304** which is † updated every week with notices, a local service and our Thought for the Day for the current week.

Weekly Newsletter – email the Benefice Office to receive this weekly update: office@ringwoodbenefice.org.uk .

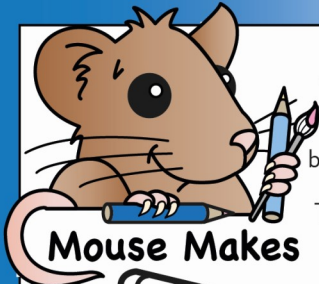
GoodNews magazine – now being delivered but still via email (send request to the address on page 5) or see on the Benefice website, under 'What's On and News

Pastoral Care – if you would like to hear a friendly reassuring voice on the end of the line, give Ruth Freeman a call on **01425 475645**. She can arrange for one of our Lay Pastors to keep in touch with you.



Our Autumn Fair all ready to go...





Mouse Makes

"Come with me across the lake,"

Jesus said to his disciples, so they got into a boat and set out. While they were sailing Jesus slept.

A big storm *blew* across the lake and the boat began to fill with water. They were in **great** danger.

The disciples went to Jesus and woke him.

They said, "*Master, mater, we are going to drown!*"

Jesus got up and gave a command to the wind and the waves, "*Be still, be calm.*"

The wind stopped and the lake became calm.



Read the story
in Mark 4: 35-41



C Q J E L W B S W A M P E D A F C
 R I E S E G W A T E R O V Q S E A
 O F S D F Q U I E T O B E Y L A L
 W A U S T I L L O I D A N G E R M
 D I S C I P L E S U B S I D E D W
 O T H E R S I D E O O T N R P L A
 W H O B R O K E B V A O G O T A V
 W I N D E T R U W O K E
 R A M U N D E S

EVENING • JESUS • DISCIPLES • CROWD • LEFT • OTHER SIDE • LAKE • BOAT • SAILED
 ASLEEP • WAVES • BROKE • OVER • SWAMPED • DANGER • WOKE • DROWN • QUIET
 STILL • WIND • STORM • WATER • SUBSIDED • CALM • FAITH • FEAR • OBEY • WHO

Ferndown PROBUS Club

Ferndown, West
Moors, Ashley Heath,
St. Ives, St. Leonards,
West Parley and District



As we emerge from the Covid-19 shadow perhaps now is an excellent time to meet new people and make new friends. Why not join our members for lunch each month at Dudsbury Golf Club? Good food, good company and interesting speakers, just what you have been waiting for!

Ferndown PROBUS is a members' club for retired or semi-retired professional men and our aim is to create a positive ambience of fellowship, friendship and fun. We meet on the first Wednesday of each month at the Brabant Function Room, Dudsbury Golf

Club, Ferndown commencing at 12 noon. Meetings are centred around a three-course lunch, followed by a talk given by invited Speakers on a diverse range of subjects. Many of our ladies meet for a more informal gathering in the Spikes Bar at the same venue at the same time. A coffee morning is also held at the Brabant Function Room on the second Wednesday of each month for our members and their partners to enjoy a relaxed and sociable get together.

Other social gatherings are arranged throughout the year, such as outings to places of interest, restaurant lunches/ dinners and trips supporting local events.

New members will be made most welcome. For further details please ring the Secretary, Alan Stevens, on 01202 876826, or email:

secretary@ferndownprobussclub.org

More detailed information about the club can be found on our website at

www.ferndownprobussclub.org

Ringwood Good Neighbours Urgently needed...

Volunteer drivers to take elderly and infirm people in the local community to medical appointments and befrienders for lonely and housebound neighbours.

If you think you could help, please ring 01425 474395 for further information and a friendly chat.

Expenses are paid, only a couple of hours occasionally is asked of you, if you are available.

Flowers In Church

Lisa has taken over the organisation of the Rota and is now looking for sponsors. If you would like to sponsor flowers in the church, for instance in memory of a loved one or to celebrate a special anniversary or just because you want to, please get in touch with Lisa on the office phone (01425 461512) or via email:

lisa.hover@ringwoodbenefice.org.uk

Thank you



Helpful Volunteer Services

Ringwood Good Neighbours

operates for those living in the BH24 post code area and

provides assistance for those needing help in getting to medical related appointments in the locality. A weekly co-ordinator takes the calls and finds a volunteer driver to take the client to the appointment, wait for them, and return the client to his/her home afterwards. No charge is made for this service, although donations are welcomed to help cover the drivers' petrol costs. 48 hours notice is required to allow for finding a suitable driver.

Volunteer Befriending

Scheme is a FREE service introduced recently to help those in the community who would benefit from some help or some company, as and when needed. Clients will be visited to discuss their needs and try to match them with a volunteer, who may be needed on a regular or occasional basis.

All the volunteers are Police checked and have identification available for clients to see, if they so wish.

If you think you, your neighbour, your friends or a relative would benefit from either or both of these services, then please contact 07933 202112 to obtain further information.

Volunteer drivers and befrienders are always needed, so if you can help, then please see the advert opposite.

Frankie Hester



Age UK Lunch Club

Age UK Bournemouth, Poole and East Dorset now run the lunch club held in Braeside hall on Mondays from 10am to 3pm—see

their advert

So if you are lonely or just in need of something to do, either as a member or a volunteer, please ring 01202 530530 or pop into the village hall on a Monday. We look forward to hearing from you.

Talking Newspaper

Do you know somebody who is blind, partially sighted or just has difficulty in reading more than the headlines and would like to be informed about local news? If you do, please send their details to : Ringwood and Fordingbridge Talking News, c/o Ringwood Medical Centre, The Close, Ringwood BH 24 1JY. or phone their details to Peter Ansell 01425 475886 or Stephanie Matthews 01425 477110 or e-mail: peteransell@onetel.com.

The service is Free and free postal return envelopes are provided and a new CD arrives every fortnight.

Difficulty Getting to Ringwood Library?

If anyone has difficulty in getting to Ringwood library through illness or mobility problems, they should contact the library and ask to speak to Pam. She can organize for books to be delivered and collected to/ from people's homes via the RVS (formerly the WRVS).

SOUTHERN RAILWAY



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OCTOBER 2021

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FOR MORE INFORMATION EMAIL PETER MOLYNEAUX - MOLYNEAUX@TALK21.COM

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To Hire Contact Booking Secretary

Paddy Hester 01425 474758



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Help at Home

Do you, or someone you know, need help with tasks around the home?



Help includes:

- shopping
- domestic support
- one to one computer help
- companionship
- accompanying to appointments
- small de-cluttering
- household admin
- light gardening

Our Help at Home service enables the over 55s to remain independent in their own homes. All staff are DBS checked & insured.

To make an appointment please call
01202 530 530
Or email
enquiries@ageukbped.org.uk

£15.00
per hour

Service covers Ferndown, West Moors and St Leonards and St Ives
Initial assessment fee may apply for some services

Age UK Bournemouth, Poole & East Dorset is a trading name of Age Concern Bournemouth, 700 Wimborne Road, Bournemouth, Dorset, BH9 2EG. Registered charity number 1113294



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- General care of your feet



£30 *
per treatment

To make an appointment please call
01202 530 530
Or email
enquiries@ageukbped.org.uk

*All treatments are approx. 30 mins and include assessment and diagnosis.

MPS, SAC Dip FHPT, SAC Dip FHPP, MVR FHP

Age UK Bournemouth, Poole & East Dorset is a trading name of Age Concern Bournemouth, 22 Victoria Road Ferndown BH22 9HU Registered charity number 1113294

Sudoku

Each box and each line must contain the numbers 1-9 only once.

Solution:

6	5	2	8	1	4	7	9	3
3	1	6	5	9	7	4	8	2
8	4	7	2	9	3	5	1	6
7	9	1	4	8	6	2	3	5
2	3	6	1	7	5	9	4	8
5	8	4	9	3	2	6	7	1
4	6	3	7	5	8	1	2	9
1	7	5	3	2	9	8	6	4
9	2	8	6	4	1	3	5	7

			1		8			
		8		2	5			
	2				7		9	
		9					8	5
	4	6				9	3	
5	3					1		
	1		3				4	
		4		9		6		
		7			8			

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ALMOST CERTAINLY
KNOW SOMEBODY WHO DOES!***



THE RECOVERY COURSE

Starting September

Struggling with an addiction or habit?

Come to The Recovery Course - a 15 session Christian programme
focusing on any addiction or habit

St Mary's Church Centre

Kingston Road
Poole
BH15 2LP

Starting Thursday 16th September

Contact Rachel on:
outreach@sm1poole.org.uk

The Church of St Peter & St Paul

Market Place
Ringwood
BH24 1BS

Starting Tuesday 28th September

Contact Andrew on:
ringwoodrecovery@gmail.com



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Understanding Investments: : Pension Income Options at and during Retirement



Howard Goodship

Retirement, and the associated ceasing of the ability to earn an income, can be a scary thought and is certainly a huge decision. Understanding the effect of inflation on your income needs throughout retirement (at 3% inflation your expenditure will double over 24 years) and other significant capital requirements needs more than a “finger in the air” analysis. At Lonsdale Wealth Management, we utilize cash-flow planning tools to help clients understand whether retirement is affordable and just as importantly, sustainable. Once affordability has been identified, decisions on the most effective way to generate retirement income can be made. There are more choices than you might think!

Retirement Income is divided into secure income and flexible income. Secure income would include Defined Benefit Pension Schemes, the State Pension and Pension Annuities. Flexible income includes Pension Drawdown and income from capital and investments, with rental income classed between the two, as it is secure but can be subject to void periods.

You can currently access your defined contribution pension savings any time after age 55 although the minimum age is increasing to 57 in 2028 and will remain 10 years below state pension age thereafter. You have five broad choices and for each option, 25% of your pension savings can be paid tax-free:

1. Secure Income-Annuity

Exchange your pension savings for an annuity provided by an insurance company which is then guaranteed for the rest of your life (with options including a dependent’s annuity). Annuity income is subject to income tax.

2. Secure Income-Temporary Annuity

Little known but can be very attractive for those who want to retire early. Can provide a higher guaranteed income for a specific number of years (perhaps until other pensions such as the State Pension commence) to allow the balance of pension

funds to remain invested. Annuity income is subject to income tax.

3. Flexi-Access Drawdown

Take the income you need when you need it. The money remains invested and you draw a variable level of income for as long as your money lasts. Withdrawals are subject to income tax.

4. Cash Payment

Have all your savings paid as a cash lump sum, with 75% of the fund subject to income tax.

5. Leave it for now

There is no requirement to draw your savings from your pension and the fund can be passed down to a nominated beneficiary (and through different generations), often outside of your estate and therefore exempt from Inheritance Tax. The 25% tax free lump sum is lost if not taken during lifetime, but your funds can be paid tax-free on death before 75 (taxable on death after 75).

As you can see, there is now significant choice available and pension savings are another tax advantageous wrapper to consider alongside other tax efficient products including ISAs. We are available for a free initial, no obligation chat to discuss and consider your personal situation, aiming to help achieve the most tax-efficient and sustainable outcome.

Howard Goodship is an Independent Financial Adviser with Lonsdale Wealth Management, 5 Fridays Court, Ringwood. Tel: 01425 208490 www.lonsdaleservices.co.uk

The value of an investment and the income from it could go down as well as up. The return at the end of the investment period is not guaranteed and you may get back less than you originally invested. The contents of this article are for information purposes only and do not constitute individual advice.

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To find out more, call Linda Turner on 01425 472104.

BARROW BROS & TAPPER FUNERAL SERVICE

www.tapperfuneralservice.co.uk
29a Southampton Road, Ringwood.

Bible Bite

A short story from the Bible

It can be read in the Bible in
Mark 6:17-28, Matthew 14:1-11

After Herod Antipator died, the Romans allowed his son Herod Antipas to rule Galilee and Perea. He was hated by the Jews

Herod Antipas divorced his wife and married his brother Herod-Philip's wife, Herodias.



John the Baptist told him he had broken Jewish law by marrying his brother's wife*.



*Lev 18:19, 20:21. She was also his niece.

Herodias hated John and wanted him dead. Herod was afraid of John and wouldn't kill him but put him in prison.

Herod liked to listen to John.



Finally, Herodias got her chance.

Herod had a big party for his birthday.



(Birthday parties were a new trend from Greece.)

He invited everyone important in Galilee.



Herodias sent her daughter to dance for Herod and his guests.



(No decent girl would do this.)

They were very entertained.



I will give you anything, even half my kingdom



(Which wasn't really his to give.)

Salome asked Herodias, then said



I want John's head on a plate.

Oh, no! But I made a promise in front of everyone!



So John was killed* and Salome was given his head. She gave it to her mother.



*illegal without a trial

Ringwood Foodbank

to support local families in need

No area is immune to household economic problems and the need for people not to feel belittled by seeking help is fundamental to the cause.

Food donations of ...

*Milk (UHT or powdered) * sugar (500g and 1kg) * fruit juice (long life) - cartons * tinned soups * pasta sauces * puddings (tinned) * tomatoes (tinned) * rice puddings (tinned) * cereals * tea bags * instant coffee * instant mashed potato * rice * pasta * meat (tinned) * fish (tinned) * fruit (tinned) * jam * biscuits * snack bars*

can be left in the Narthex

*For more details speak to our
Foodbank Co-ordinator, Bill Seward
Thank You*

T A I L O R E D C A R E

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- Full PPE
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Independent Living is Happiness

Please contact Maggie Chambers on 07816763728

Organisations of the Church Centre

Church Flower Guild Sec.
(Mrs. B. Davies) 01425 475700
All Saints Parent & Toddler Group
(Jane Chick) 01425 473177
Braeside Bridge Club - Tuesday evenings
(Mr. J. Jackson) 01425 461661

Village Hall

Bookings/Administrator (Clementine Pestell)
01425 472499 or 07847 430815

Organisations of the Village Hall

Age UK Lunch Club Braeside Day Centre-
Mondays 10am-3pm In the Annex
01202 530530
or email: enquiries@ageukbped.org.uk

Badminton Club (Mrs Derbyshire) 01425 479908
Braeside Bowling Club
(Brian Morrell) 01202 828614
Heatherlands Short Mat Bowls Club
(Anne Chater—eves only) 01202 520115
Home Watch Assoc. www.2saints.org.uk
Brian Frecknall (Chair) 01425 476558
email v.frecknall@btopenworld.com
(Also see Facebook Group: St Leonards and St Ives Parish Homewatch)

National Health Service Retirement Fellowship
(Dierdre) 01425 472940
Internet Café (Fridays 9am-12.30pm
(Mr. G. Ledbrook) 01425 474849
Tennis Club (Paul Handford) 07709 821006

Women's Institute (Ashley Heath)
(Elizabeth Layet) 01425 478884

Scouts, Cubs & Beavers
stleonardsandstivesscouts.org.uk
(In Scout HQ behind Hall)
Max 07972 685213

Schools

St. Ives Primary School, Sandy Lane, St. Ives
01425 475478
St. Ives Pre-School (in school grounds)
07799 188712

Residents Associations

Grange Estate (Mrs. J. White) 01202 873620
St. Leonards (Sth) (Mrs. Dyer) 01202 874918

Other Organisations

Ex-Services Club 01425 472087
Ringwood & Fordingbridge Club for the Blind
Chairman: Russel Webb 01425 476618
Secretary: Kate Henderson 01425 476568
Website: www.rfbc.co.uk

GENERAL INFORMATION

Post Office 01425 472046

Out of Hours GP Services

Call the NHS help line 111
(Dorset & Hampshire)

Chemists -Late Opening

Lloyds Pharmacy, Parkers Close, Ringwood
Open 8.30am-6.30pm weekdays, 9am-12.30pm
Saturdays (closed Sundays) 01425 474196
Boots, Tricketts Cross (next to Sainsbury's)
Open 9am- 7pm weekdays,
8.30am-5.30pm Saturdays and
10.00am-4pm Sundays 01202871841
Ferndown Pharmacy, 487 Ringwood Road
(next to Motabitz). Mon-Sat 7am-11pm, Sun
10am-2pm 01202 892666

Buses

Wilts & Dorset Bus Services: Only route 38,
which runs between Ferndown and Ringwood,
now stops in the area. For details see
timetables online at www.wdbus.co.uk
Or phone 01983 827005

Libraries

Ferndown Library 01202 874542
Ringwood Library 0845 6035631
West Moors Library 01202 873272

Police Phone Numbers

Ferndown Police Station 01202 855544
Or 01202 552099

Please let us know (01425 471335 or allsaints.goodnews@gmail.com) if any of this information is incorrect or if you would like details of your local community organisation to be mentioned.

Understanding Modern Israel - a biblical perspective

By Julia Fisher, Lion, £9.99



To understand the complexity of modern Israel, you need to understand some biblical history. The Jews were called out of slavery to become the nation of Israel, a nation based on a unique covenant with God. But that covenant was broken time and again, and Israel has been exiled not once, not twice, but three times. Yet, each time the Jews have returned to re-inhabit their homeland. This is unique. How and why has this happened?

This book encourages an audience who thinks Israel is an irrelevant issue to think again, and to

appreciate what God has done and is doing through this small nation. This Bible is, after all, a Jewish book. Jesus was Jewish. Our destiny is tied up in both.

Collections in Church

There is a plate at the rear of the church for collections, which are offered during the service. You can also make donations using a smart phone and the QR code displayed on notice boards in the entrance and the Centre, and on a board by the plate, as well as below.

Benefice Office Hours

Revd Matthew Trick, and Revd Kay Pead continue to work from the Benefice Office as usual, with Revd Matthew's day off Tuesday, and Revd Kay's day off Friday.

Revd Sandra Matthews works Sundays, Wednesdays and Thursdays, and is contactable on those days.

Confirmation Service

There will be a confirmation service at Christchurch Priory on Sun 3rd October. We already have one person interested in being confirmed. If you are interested in being confirmed please speak to Matthew, Sandra or Kay.

Refreshments

after the Sunday and Thursday services are back!!! We will be serving coffee after the 10am service on both Thursday and Sunday. Social distancing rules must be observed. Please take a seat in the centre and coffee or tea will be brought to you. If you feel able to join a team to serve coffee on either day please speak with either Frankie, Alison or Lynne.

Donations to All Saints Church

If you would like to make a donation to the work of All Saints Church in St Leonards and St Ives with your smart phone, please take a photo of this QR with your phone, and then follow the instructions.

Thank you





In Person Again!

The September date didn't happen but we are now planning to start our sessions from October - the first session will be on 13th at 3.30!

We look forward to seeing you all again.

To give us an idea of numbers please call the office or e-mail: lisa.hover@ringwoodbenefice.org.uk

Note that Small Saints will be in-person with the 10am Sunday Services - contact Chris Ross for details Page 7.

Evensong is Cancelled

at All Saints St Leonards & St Ives. If you wish to attend an Evensong Service you are more than welcome to attend either or both of the following. First Sunday of the month – St Pauls, Bisterne at 6pm Second Sunday of the month – St Marys & All Saints Ellingham at 5.30pm

Benefice morning prayer meetings
There is so much to pray for!



Monday 7.30am

Meeting ID: 307-879-502 Passcode: 489898



Wednesday 8.30am

Meeting ID 842-5692-5855 & Passcode: 489898

Thursday 7.30am

Meeting ID: 307-879-502 Passcode: 489898

Download the free 'Zoom' App on any device and put in the Meeting ID & Password



RINGWOOD
BENEFICE
Discover life, make a difference

Listen Live

Watch and listen to services and notices online! Wednesday Holy Communion will be livestreamed on Facebook, YouTube and on our website every week. You can also listen to the service, and our weekly notices by telephone. To listen to worship please call 01425 543304 and select option one. To hear the notices please select option two. If you know of anyone who would like to listen to this, on the local rate number please do let them know.

[Click here to find out more](#)



Reflections 6

Informal, in person, lay led worship
at 6pm
on the 3rd Sunday
at All Saints
in St Leonards & St Ives



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spacious runs for all dogs*

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Sunday 10 – 11am and 4 – 5pm

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